

A not-so-jolly Christmas! 75% of Brits expect to be the designated driver this festive season

- **Over a fifth admit they argue with their family about who will be the designated driver**
- **40% expect to be the designated driver up to three times**
- **28% of Brits plan on leaving their car at home this Christmas so they can have a drink**

As the festive season gets into full swing, new research reveals that three-quarters (75%) of us expect to hold off the booze in order to be the designated driver this Christmas.

Euro Car Parts, the UK's number one parts supplier for cars and LCVs, surveyed the nation to find out just how big a part alcohol actually plays in our festive celebrations, with over a quarter (28%) of Brits admitting they plan on leaving their car at home this Christmas so they can have a drink.

It appears many British families try to keep it fair when it comes to splitting out the driving duties, with 41% admitting that they will take it in turns with other family members to be the designated driver. However, almost a third (31%) of men stated they usually get named the designated driver because they are the 'most confident driver in the family'.

The appointment of a designated driver is wise given how much alcohol Brits expect to consume; 42% plan to drink up to three units of alcohol on Christmas Eve and 48% expect to consume up to six units on Christmas Day*. Just two units of alcohol are likely to tip the average Brit over the drink drive limit.

Some 40% of Brits expect to be the designated driver up to three times, but it's bad luck for those in Birmingham, as the city has the highest number of people who anticipate being called up six times to stay sober and get behind the wheel this Christmas.

For some families, the decision to appoint the designated driver doesn't appear to be simple, with nearly a quarter of people in London admitting they argue with family members over who will forfeit the booze.

To combat the drama and give families a chance to say thank you, Euro Car Parts is asking Brits to submit their designated driver to be in with a chance of winning them a relaxing break. See here for more details <http://blog.eurocarparts.com/designated-drivers-christmas/>

Martin Gray, CEO of Euro Car Parts said: "For many people across the UK, Christmas can involve a lot of time on the roads travelling around to see family members. It's important that safety always remains a concern and the best way of ensuring this is to decide on a designated driver from the outset.

"We know how frustrating it can be for some people to lose out on the chance to enjoy a festive drink, so that's why we want the British public to put forward their designated drivers this Christmas and reward those who take up the important role."